

# Timeline of Events

Time	Program
<b>Daytime Programming in the Seasoned Spoon Cafe</b>	
10:00am-11:00am	Soap Making
11:00am-12:00pm	Seed Starting
12:00pm-2:00pm	Root Cellar & Spoon Tours
12:00pm-3:00pm	Spoon Carving
<b>Evening Festivities in the Great Hall</b>	
5:00pm-5:30pm	Doors, Appetizers, Music
5:30pm-6:30pm	Panel Discussion
6:30pm-8:30pm	Dinner, Slideshow, Stories



- \* By-donation soup all day in the cafe
- \* Collective art project and story sharing
- \* New edition cookbook and Seasoned Spoon aprons for sale
- \* Mini workshops/demonstrations throughout the day

# The Seasoned Spoon



# 15<sup>th</sup> Anniversary Celebration

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Friday, March 9th, 2018  
10:00am-8:30pm

## What's Going On...

### By-donation soup all day in the café

The Spoon grew from seeds planted by the stone soup project - a dedicated group of volunteers serving by donation soup in the hallways of Trent as part of an OPIRG food issues working group. Enjoy by donation soup all day in the café as a tribute to our roots!



### Art project

Contribute to the collective creation of a Seasoned Spoon 15th anniversary mural and add your own creative voice to a future spoon relic. All art supplies will be provided.

### Story Sharing

Do you have any favourite Spoon memories or experiences? Share your stories with us in the journal provided and have your favourite Spoon moments go down in history.

### Aprons & Cookbooks

Bring a bit of the Spoon home with you, with the new edition of our cookbook, You can now try out some of your favourite spoon recipes while wearing your very own Seasoned Spoon apron, specially printed for this occasion. Yes, we think they are pretty fabulous too!

### Soap Making: 10:00 – 11:00am

One of our most popular workshops every year! In this mini version, watch a demonstration of the entire soap making process from start to finish and learn about what you need to do it on your own. First 20 participants receive a free bar of soap.

### Seed Starting: 11:00 – 12:00pm

Take part in this hands on mini workshop all about seed starting. Plant some seeds together and find out how to get going on your own including seed sourcing, equipment, and tips and tricks for successful seedlings!

## In the Seasoned Spoon

### Root Cellar & Spoon History Tours

12:00-2:00 pm

The Spoon root cellar, now in its 5th year of operation, is a key component of our local food infrastructure which helps us serve seasonal dishes all year long. Built with the help of the Endeavour Centre, a dedicated team of volunteers, sponsors and community supporters, the roots cellar has been serving the Spoon's mission well. Join us in a tour of this fabulous feature of the Spoon and learn a little history of the Spoon, the root cellar and the Trent Vegetable Gardens along the way.



### Spoon Carving: 12:00 – 3:00pm

Always wanted to carve your own Spoon? Well now's your chance! As part of the Seasoned Spoon's 15th anniversary celebration, join us for this drop-in spoon carving session. Get creative. Carve and season your very own spoon however you desire!

### Food Security, Community & Culture Panel

5:30-6:30pm in the Great Hall

This panel discussion will explore a number of intersecting topics including household food insecurity and who is most impacted; community food programs, local food infrastructure and how these elements interact with the ability to find belonging, participation and choice in an inclusive local food culture. The panel includes Mary Anne Martin -PHD candidate, Trent University; Melissa Johnston - M.A. Trent University; Joelle Favreau - Nourish project, YWCA Peterborough, Haliburton & Victoria.

### Dinner: 7:00pm

The dinner menu includes tasty appetizers, a selection of seasonal salads, a main dish of sesame tempeh with roasted root vegetables over quinoa with a balsamic maple reduction and a variety of scrumptious squares with vegan and gluten-free options.